

**VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM
(Deemed to be University)**

**M.Sc.(NURSING) DEGREE EXAMINATION –August 2021
Second Year**

CLINICAL SPECIALITY II : PSYCHIATRIC NURSING- II

Time: Three hours

Maximum: 75 marks

Answer ALL questions

I. ESSAY: (2 x 15 = 30)

1. a) Define bipolar disorder . (2)
 - b) List down the predisposing factors of depression and its clinical features (5)
 - c) Discuss the treatment and nursing management of a patient with depression. (8)
2. Discuss any two psychophysiological disorders and write its management.

II. SHORT ESSAY: (2 x 10 = 20)

3. Discuss anorexia nervosa and its nursing management including cognitive behavior therapy.
4. Obsessive compulsive disorder.

III. WRITE SHORT NOTES ON ANY FIVE OF THE FOLLOWING: (5 x 5 = 25)

5. ADHD- briefly explain it.
6. Counselling unwed mother.
7. Inservice education program in psychiatric care.
8. Correctional homes.
9. Explain any one theory of aging.
10. Treatment modalities for substance abuse disorder (Alcohol)
